**Abstract**

Tradition and Progression are complementary to each other. Tradition guides the posterity to lead a life filled with moral and values. Progression creates an identity for an individual in the society. Tsitsi Dangarembga, a Rhodesian writer, graduated in Medicine and Psychology founded expression in writing novels. Her novels *Nervous Conditions* (1998) and its sequel *The Book of Not* (2006) heralded her arrival to the literary world. Her novel Nervous Conditions portrays this aspect of how eventhough following strict traditional norms, the protagonist. Tambu has progressed in her life. Victor H. Vroom’s *Expectancy Theory of Motivation* stands as an aid to explain the process of progression in the protagonist Tambu’s life.