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JOB RELATED PROFILE

11. Educational qualification

- a) Post-Graduation b) M.Phil c) Ph.D d) Any other _____

12. Additional Qualification

- a) NET b) SLET c) Any other _____

13. Nature of employment

- a) Government College b) Aided college c) Self –Financing college

14. Designation

- a) Assistant professor b) Associate professor c) Professor

15. Years of experience : _____ Years

16. On an average, how many hours of classes do you handle? _____ Hrs. (Per Week)

17. On an average, how many hours do you spend for other academic activities? _____ Hrs.
(Per Week)

18. Department : a) Basic Science b) Arts c) Computer Science
d) Commerce & Management e) Humanities

19. Number of members in the department : _____

20. Please tick the suitable option from the following statement

College status	Yes	No
Autonomous status		
Accreditation status		
ISO certificate institution		

21. Reason for choosing teaching as you profession

(Kindly rank the following in the order of importance, where 1 indicates the **Most important** and 6 indicates the **Least Important**)

S.No	Reasons	Rank
1	Ambition	
2	Passion	
3	Good working environment	
4	Job security	
5	Social and Economic status	
6	Salary and benefits	

Part-2

Emotional Intelligence

22. Please give your agreeability for the following statements given below. Read each statement carefully and indicate your feelings on a 5 point scale as given below: SA- Strongly Agree, A – Agree, N- Neutral, DA- Disagree, SDA - Strongly Disagree .Put a tick (/) mark against one number for each statement to show your feelings. Please answer the statements.

S. No	Factors	SA	A	N	DA	SDA
	I. Self Awareness:-					
1	I am aware of my emotions as I experienced them					
2	I motivate myself by imagining a good outcome of tasks which I would take on					
3	When I am upset I can usually pinpoint why I am distressed					
4	When I make mistakes I often shout& criticize myself for my abilities					
5	I know my values and beliefs					
6	I have self confidence in all situations					
7	I tend to over react to problems					
8	I know which motivates me					
9	I would describe myself as a good judge of character					
10	I feel confident about my own skills, talents and abilities					
	II. Self Management					
1	I understand to use the self coaching techniques					
2	I understand the difference between self esteem and self respect					
3	I can able to become an effective role model					
4	I can manage my personal changes effectively					
5	I set my personal goals and take actions towards them					
6	I adopt positive thinking					
7	I will and I can be able to successfully overcome my challenges					
8	I am able to calm down quickly					

S. No	Factors	SA	A	N	DA	SDA
9	I will set goals to myself and try to achieve them to my level best					
10	I can able to control my anger/frustration					
	III. Social awareness					
1	I recognize value difference and similarities between people and cultures					
2	I recognize and use empathy effectively					
3	I can understand and enter someone else's world					
4	I can understand other's feelings					
5	I can always welcome the suggestions/recommendations of others					
6	I can tell how others feel by the tone of their voices					
7	It is easy for me to understand why people feel the way they do					
8	I compliment others when they have done something well					
9	In my friends group I am generally aware of how each person feels about the other person					
	IV. Relationship management					
1	I actively help others to be more assertive					
2	I can establish and build a long term relationship					
3	I recognize which drives & motivates others					
4	I can develop and maintain openness, trust and honesty					
5	I can act as a change catalyst					
6	I can collaborate and work in team					
7	I can set and achieve goals					
8	I am sensitive to others emotions & moods					
9	I actively seek solutions & solve problems by knowing when to fight & when to walk away					

23. Assessing level of Emotional Intelligence.

(Kindly rank the following in the order of importance, where 1 indicates the **Most important** and 6 indicates the **Least Important**)

S. No.	Factors	Rank
1	Assertiveness	
2	Positive thinking	
3	Understanding & reacting to others emotions	
4	Building a long term relationship	
5	Self regulation	
6	Self discipline & sense of duty	
7	Sense of timing	
8	Surrendering control	
9	Sense of motivation	
10	Self motivation	

Part- 3

Impact of stress on work performance

S. No	Factors	SA	A	N	DA	SDA
	XI. Intrinsic to Job					
1	Is the working atmosphere cause stress					
2	The pay scale/ package/ remuneration lead to stress					
3	Social status of the job increases stress					
4	Does ambiguity in work sharing causes stress					
5	Stress due to excessive work pressure					
	XII. Career development					
1	I am facing my hurdles in developing career					
2	I feel that I am not fully qualified to handle the job					
3	My job tends to interfere with my personal life					
4	Inadequate faculty improvement programmers					
5	Lack of frequent promotional programs					
6	Discriminated felicitation for extra work by colleagues/ superiors					
7	Extra efforts I need to take to prove myself and my role puts pressure on me					

S. No	Factors	SA	A	N	DA	SDA
	XIII. Interpersonal relationships					
1	Affectionate behavior from my colleagues is unimaginable to me					
2	Advice from my colleagues when I am in trouble is sanity in my life					
3	My relationship with my superior causes a great deal of anxiety					
4	The faith bestowed on me by the superior is encouraging					
5	My sub-ordinates feel free to discuss their personal problems with me					
6	Extracting work from my sub ordinates is an ordeal for me					
	XIV. Work stress					
1	The complex nature my work does not confuse me					
2	I am waiting for the day to come when I can relax					
3	I am fed up by keeping myself busy all the times to meet deadlines					
4	Most of the time I have to force myself to start work					
5	The norms and expectations put a curb on my enthusiasm					
6	The time passes without my notice each day at my work					
	XV. Role stress					
1	I need to sacrifice my values in meeting my role obligations					
2	I am constrained in my role fulfillment, due to lack of knowledge & skill					
3	I feel concerned due to poor information inflow which restricts my output					
4	I get baffled with the contradictory instruction given by different members in the organization regarding my work					
5	I am exposed to opportunities to enhance my efficiency					
6	Repeated incidents where my contributions are taken very lightly put me off					
	XVI. Organizational climate stress					
1	Lack of my involvements in decision making in the organization reduces responsibilities in my shoulders					
2	My point of view is ignored in the organization					

S. No	Factors	SA	A	N	DA	SDA
3	I found that the monarchical organizational system which I belong to; suffocating its function					
4	The sub-ordination I am subjected to in my role in the organization gives me an unpleasant feeling					
5	Considerable environment tolerance that persist in my organization makes me irritated					

24. Assessing level of stress.

(Kindly rank the following in the order of importance, where 1 indicates the **Most important** and 6 indicates the **Least Important**)

S. No.	Factors	Rank
1	Intrinsic to the job	
2	Personal development stressors	
3	Interpersonal relationship stressors	
4	Occupational stressors	
5	Task stressors	
6	Organizational climate stressors	
7	Specific work factors(excessive work load, meaning less task, long hours & low pay ,etc.,)	
8	Physical environment	
9	Work place change	
10	Uncertainty in life	

Part- 4

To measure the work performance

S. No	Factors	SA	A	N	DA	SDA
	V. Punctuality					
1	I usually enter the class room well in advance					
2	I complete my portions in stipulated time					
3	I usually insist the students to be punctual					
4	I regularly evaluate students performance in diversified fields					

5	I maintain timely and accurate records of students performance in co-curricular and extracurricular activities					
	VI. Teaching Methodology					
1	I always explain the concepts with the help of teaching aids					
2	I usually prepare well to an organized presentations					
3	I devote an adequate time for work assignments & resources allocations					
4	I am confident on my comprehensive knowledge and mastery of subject matters					
5	I motivate my students towards their career development					
6	I always encourage the students to dream their higher thoughts					
7	I always suggest the students to have a role model in their career/life					
	VII. Work Consciousness					
1	I serve as a resource person, providing consultancy to the needy in which I am specialized					
2	I dedicate most of my time to the students community					
3	I serve completely among all departmental faculties in completing college/university responsibilities					
4	I am always being more attentive/responsive to which I am paid					
5	I always show a strong sense of responsibility when a task is assigned to me					
6	I usually avoid any kind of favoritism					
	VIII. Perseverance					
1	I continue to put a special effort on slow learners					
2	I am able to achieve and fulfill my goals by perseverance					
3	I face challenge to device the novel methods in practical oriented studies					
4	I work hours together to build the students career and to compete present economic and technological advancements					
5	I face lot of difficulties to look after my own words career					

25. Assessing level of Work performance.

(Kindly rank the following in the order of importance, where 1 indicates the **Most important** and 6 indicates the **Least Important**)

S. No.	Factors	Rank
1	Promptness	
2	Teaching methodology	
3	Work consciousness	
4	Persistence	
5	Professionalism	
6	Social interaction	
7	Creativity & resourcefulness	
8	Communication skill	
9	Subject mastery	
10	Evaluation of students' creativity	

26. Give your valuable suggestion
