## CHAPTER IV

## DEMOGRAPHIC PROFILE, EMOTIONAL INTELLIGENCE, OCCUPATIONAL STRESS AND ITS IMPACT ON WORK PERFORMANCE OF TEACHERS IN ARTS AND SCIENCE COLLEGE

This chapter consists of analysis and interpretation of results obtained from the study. The data collected through questionnaire have been analyzed with the help of appropriate statistical tools. The results were drawn according to the objectives and hypothesis of the study. This chapter gives a detailed analysis on emotional intelligence of teachers working in arts and science colleges. This part of the study analyses the demographic profile, Socio economic profile of the respondents.

## PERCENTAGE ANALYSIS

Percentage Analysis is used to compute the frequency distribution of the data collected and design a contingency table to get a better idea on the descriptive particulars relating to the study.

## Personal Profile

The frequency regarding the Teacher's Age, Gender and their Marital Status has been recorded post employing the aforementioned Percentage Analysis method.

Percentage Analysis
Table 4.1 Personal Profile

| Factors |  | Frequency | Percentage |
| :---: | :--- | :---: | :---: |
| Age | $<25$ | 24 | 5.6 |
|  | $25-35$ | 210 | 49 |
|  | $35-45$ | 167 | 38.9 |
|  | $45-55$ | 28 | 6.5 |
|  | Total | 429 | 100 |


| Factors |  | Frequency | Percentage |
| :--- | :--- | :---: | :---: |
| Gender | Male | 151 | 35.2 |
|  | Female | 278 | 64.8 |
|  | Total | 429 | 100 |
|  | Married | Unmarried | 342 |
|  | Total | 87 | 79.7 |
| Income | Upto 20,000 | 429 | 20.3 |
|  | $20,001-30,000$ | 165 | 100 |
|  | $30,001-40,000$ | 132 | 38.5 |
|  | Above 40,000 | 57 | 30.8 |
|  | Total | 75 | 13.3 |

## Source: Primary Data

It is inferred from the above table 1 that 49 per cent of the respondents are youngsters in the age group of 25 to 35 years, while 38.9 per cent are middle aged who are in the age group of $35-45$ years. A merger 6.5 and 5.6 per cent of the respondents are within the age group of less than 25 and above 45 years. Most of the respondents ( $49 \%$ ) are in the age group of $25-35$ years. The above table indicates that majority 64.8 per cent of the respondents are female, while 35.2 per cent of them are male. Majority ( $64.8 \%$ ) of the Teachers are Female.

It is observed from the above table that majority 79.7 per cent of the respondents are married and the rest 20.3 per cent of them are unmarried.

Majority ( 79.7 \%) of the Teachers are (married).

## Family Profile

The frequency regarding the teacher's no of Earning Members, total Family Income and Residential Area has been recorded post employing the aforementioned Percentage Analysis method.

Table 4.2 Family Profile

| No of Earning Members | 1 | 54 | 12.6 |
| :--- | :--- | :---: | :---: |
|  | 2 | 273 | 63.6 |
|  | 3 | 70 | 16.3 |
|  | 4 | 32 | 7.5 |
|  | Total | 429 | 100 |
| Size of Family | Joint Family | 197 | 45.9 |
|  | Nuclear Family | 232 | 54.1 |
|  | Total | 429 | 100 |
|  | 2 | 16 | 3.7 |
|  | 3 | 111 | 25.9 |
|  | 4 | 159 | 37.1 |
|  | 5 | 92 | 21.4 |
|  | 6 and Above | 51 | 11.9 |
|  | Total | 429 | 100 |
| Residential Area | Upto 40,000 | 141 | 32.9 |
|  | $40,000-60,000$ | 112 | 26.1 |
|  | $60,000-80,000$ | 82 | 19.1 |
|  | Above 80,001 | 94 | 21.9 |
|  | Total | 429 | 100 |
|  | Rural | 121 | 28.2 |
|  | Urban | 224 | 52.2 |
|  | Semi-Urban | 84 | 19.6 |
|  | Total | 429 | 100 |

## Source: Primary Data

The above table indicates that majority 63.6 per cent of the respondents have two earning members, while 16.3 per cent are three earning members. Majority ( $63.6 \%$ ) of the Teachers have two earning members. A merger 12.6 per cent of the respondents has one earning member's and 7.5 percent have four earning members in the family.
54.1 per cent of the Teachers live in a Nuclear family set up, while the rest 45.9 percent live in a Joint family setup. Majority ( $54.1 \%$ ) of the Teachers live in a Nuclear family set up.
37.1 percent of the Teachers have four members in their family, 25.9 percent have three family members and 21.4 percent of the Teachers have five members in their family.

Most of the respondents ( $37.1 \%$ ) of the Teachers have More than four members in their family.

The above table indicates that majority 32.9 per cent of the teachers have a family income Upto 40,000, while 26.1 per cent are earning between $40,000-60,000.21 .9$ per cent of the teachers have total family income as above 80,001 and 19.1 per cent of the teachers have total family income is between $60,000-80,000$. Most of the respondents 32.9 per cent of the teachers have family income Upto 40,000 .
52.2 per cent of the teachers reside in Urban area, while 28.2 per cent resides in Rural area and 19.6 per cent of the teachers resides in Semi-Urban area.

Majority 52.2 per cent of the teachers resides in Urban area.

## Professional Profile

The frequency regarding the Teacher's Educational Qualification, Additional Qualification, Nature of Employment and Designation has been depicted in the following tables.

Table 4.3 Professional Profile

| Educational <br> Qualification | Post Graduation | 21 | 4.9 |
| :--- | :--- | :---: | :---: |
|  | M.Phil | 207 | 48.3 |
|  | Ph.D | 201 | 46.9 |
|  | Total | 429 | 100 |
| Additional <br> Qualification | NET | 76 | 17.7 |
|  | SLET | 58 | 13.5 |
|  | Other(PGDCA \& PGDBM) | 240 | 55.9 |
|  | NET \& SLET | 36 | 8.4 |
|  | MBA | 10 | 2.3 |
|  | MCA | 9 | 2.1 |
|  | Total | 429 | 100 |


| Nature of <br> Employment | Government College | 25 | 5.8 |
| :--- | :--- | :---: | :---: |
|  | Aided College | 83 | 19.3 |
|  | Self-Financing College | 321 | 74.8 |
|  | Total | 429 | 100 |
| Designation | Assistant Professor | 356 | 83 |
|  | Associate Professor | 55 | 12.8 |
|  | Professor | 18 | 4.2 |
|  | Total | 429 | 100 |

## Source: Primary Data

48.3 per cent of the teachers completed their M.Phil degree, while 46.9 per cent of the teachers completed their Ph.D degree and remaining 4.9 per cent of the teachers completed Post Graduation degree. Most of the respondents 48.3 per cent of the teachers completed their M.Phil degree.
55.9 per cent of the teachers have other additional qualification such as PGDCA \& PGDBM, while 17.7 per cent of the teachers are NET qualified, 13.5 per cent of the teachers are SLET qualified and 8.4 are both NET \& SLET qualified. A merger 2.3and 2.1 per cent of the teachers are MBA \& MCA qualified.
74.8per cent of the teachers are employed in Self-Financing College, while 19.3per cent of the teachers are employed in Aided College and 5.8 per cent of the teachers are employed in Government College. Majority 74.8 per cent of the teachers are employed in Self-Financing College.

83 per cent of the teachers are Assistant Professors, while 12.8 per cent of the teachers are Associate Professor and 4.2 per cent of the teachers are Professor.

Majority 83 per cent of the teachers are Assistant Professors.

## Academic Profile

The frequency regarding the classes handled by teachers, Other Academic Activities, Department, No. of Members in the Department, Autonomous Status, Accreditation Status, ISO Certificate Institution and Years of Experience have been interpreted in the following table.

Table 4.4 Academic Profile

| Factor |  | Frequency | Percentage |
| :---: | :---: | :---: | :---: |
| Classes Handled Hours | Less than 12 | 53 | 12.2 |
|  | 13-16 | 70 | 16.4 |
|  | 17-20 | 277 | 64.6 |
|  | More than 20 | 29 | 6.8 |
|  | Total | 429 | 100 |
| Other Academic Activities | Less than 5 | 148 | 34.4 |
|  | 6 to 10 | 119 | 27.8 |
|  | 11 to 15 | 85 | 19.7 |
|  | 16 to 20 | 52 | 12.2 |
|  | More than 20 | 25 | 5.9 |
|  | Total | 429 | 100 |
| Department | Basic Science | 25 | 5.8 |
|  | Arts | 81 | 18.9 |
|  | Computer Science | 38 | 8.9 |
|  | Commerce \& Management | 246 | 57.3 |
|  | Humanities | 39 | 9.1 |
|  | Total | 429 | 100 |
| No. of Members in the Department | Below 5 | 126 | 29.4 |
|  | 6 to 10 | 167 | 39 |
|  | 11 to 15 | 106 | 24.6 |
|  | 16 to 20 | 18 | 4.2 |
|  | above 21 | 12 | 2.8 |
|  | Total | 429 | 100 |
| Autonomous Status | Yes | 337 | 78.6 |
|  | No | 92 | 21.4 |
|  | Total | 429 | 100 |


| Factor |  | Frequency | Percentage |
| :--- | :--- | :---: | :---: |
| Accreditation <br> Status | Yes | 371 | 86.5 |
|  | No | 58 | 13.5 |
|  | Total | 429 | 100 |
|  | Yes | 370 | 86.2 |
|  | No | 59 | 13.8 |
|  | Total | 429 | 100 |
| Years of <br> Experience | Below 5 | 116 | 27.0 |
|  | 6 to 10 | 150 | 35.0 |
|  | 11 to 15 | 83 | 19.3 |
|  | 16 to 20 | 54 | 12.6 |
|  | above 21 | 26 | 6.1 |
|  | Total | 429 | 100 |

## Source: Primary Data

64.6 per cent of the teachers handle classes between 17-20 hours per week, while 16.4 per cent of the teachers handle classes between 13-16 hours per week, 12.2 per cent of the teachers handle classes Less than 12 hours per week and 6.8 per cent of the teachers handle classes More than 20 hours per week.
34.4 per cent of the teachers spent Less than 5 hours per week, while 27.8 per cent of the teachers spent between 6 to 10 hours per week, 19.7 per cent of the teachers spent between 11 to 15 hours per week and 5.9 per cent of the teachers spent More than 20 hours.
57.3 per cent of the teachers belong to Commerce \& Management, while 18.9 per cent of the teachers belong to Arts, 9.1 per cent of the teachers belong to Humanities. A merger of 8.9 and 5.8 of the teachers belong to Computer Science and Basic Science.

39 per cent of the teachers have between 6 to 10 members in the department, 29.4 per cent of the teachers have Below 5 members in the department, while 24.6 per cent of the teachers have between 11 to 15 members in the department. A merger of 4.2 and 2.8 of the teachers belong to member's between 16 to 20 and above 21 .
78.6 per cent of the teachers work in Autonomous College and 21.4 per cent of the teachers work in Non Autonomous college.
86.5 per cent of the teachers stated Yes for Accreditation Status and 13.5 per cent of the teachers stated No Accreditation for their colleges.
86.2 per cent of the teachers stated Yes for ISO Certification and 13.8 per cent have stated No for ISO Certification.

35 per cent of the teachers have between 6 to 10 years of experience, while 27 per cent of the teachers have Below 5 years of experience, 19.3 per cent of the teachers have between 11 to 15 years of experience. A Merger of 12.6 and 6.1 per cent of the teachers have between 16 to 20 and above 21 years of experience.

## Descriptive Statistics

Descriptive statistics has been applied to find mean rating for emotional intelligence factor. Four different factors have been identified under emotional intelligence. The factors include self awareness, self management, social awareness and relationship management. The factors are measured by the ratings given by the respondents at five point scaling technique. The ratings are assigned as one for 'strongly disagree', two for disagree, three for neutral, four for agree and five for strongly agree. High score indicates high level of self awareness in relation to the emotional intelligence.

## Emotional Intelligence Factor - Self Awareness

Self awareness is a factors is considered under emotional intelligence which includes how the people aware at their emotion, imagination of their task and outcomes, self confidence, reactions towards problems, judgement about the character and confidence about their own skills and talents. The present description state has been pretend in the following table.

Table 4.5 Emotional Intelligence Factor - Self Awareness

|  | N | Minimum | Maximum | Mean | Std. <br> Deviation |
| :--- | :---: | :---: | :---: | :---: | :---: |
| I am aware of my <br> emotions as I <br> experienced them | 429 | 3 | 5 | 4.39 | .660 |
| I motivate myself by <br> imagining a good <br> outcome of tasks which I <br> would take on | 429 | 2 | 5 | 4.34 | .690 |
| When I am upset I can <br> usually pinpoint why I <br> am distressed | 429 | 1 | 5 | 4.00 | .843 |
| When I make mistakes I <br> often shout \& criticize <br> myself for my abilities | 429 | 1 | 5 | 3.54 | 1.153 |
| I know my values and <br> beliefs | 429 | 1 | 5 | 4.35 | .703 |
| I have self confidence in <br> all situations | 429 | 1 | 5 | 4.28 | .801 |
| I tend to over react to <br> problems | 429 | 1 | 5 | 3.49 | 1.060 |
| I know which motivates <br> me | 429 | 2 | 5 | 4.24 | .765 |
| I would describe myself <br> as a good judge of <br> character | 429 | 2 | 5 | 4.22 | .700 |
| I feel confident about my <br> own skills, talents and <br> abilities | 429 | 2 | 5 | 4.34 | .702 |

## Source: Primary Data

The above table shows the mean ratings for self awareness. The highest rating has been assigned for the statement 'I am aware of my emotions as I experienced them' (4.39), followed by 'I know my values and beliefs'(4.35), 'I feel confident about my own skills, talents and abilities' and 'I motivate myself by imagining a good outcome of tasks
which I would take on' indicates (4.34), the last score has been found for the statement, 'when I make mistakes I often shout \& criticize myself for my abilities'(3.54), 'I tend to over react to problems' (3.49).

## ANOVA

ANOVA has been applied to find the significant difference between emotional intelligence factors such as self awareness, self management, social awareness and relationship management factors. Personal factor includes age, gender, marital status, type of family, size of family, monthly income, number of earning members, total family income and residential area.

Job related factors include educational qualification, nature of employment, designation, years of experience, department and number of members in the department.

## Selected Personal Factors and Factors that induce Self Awareness of Teachers

To examine whether there is any significant difference between the Factors inducing Self Awareness of Teachers and selected personal factors, the overall Self Awareness score of the Teachers has been taken as dependent variables whereas the Personal and study factors have been considered as the independent variables for analysis purposes. The ANOVA have been appropriately used based on the nature of the variables to derive the results.

The table depicts the influence of Factors that induce Self Awareness of teachers and various Selected Personal \& study factors and their corresponding overall mean scores.

Ho: The average scores of self awareness does not vary significantly among the members for the selected personal factors.

Table 4.6 ANOVA - Personal Factor and Self Awareness Score

| Personal Factors |  | N | Mean | Standard <br> Deviation | $\begin{gathered} \text { F } \\ \text { Value } \end{gathered}$ | tValue | P- <br> Value | S/NS |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age | <25 | 24 | 42.042 | 5.361 | 2.208 |  | 0.087 | NS |
|  | 25-35 | 210 | 40.648 | 4.008 |  |  |  |  |
|  | 35-45 | 167 | 41.629 | 4.871 |  |  |  |  |
|  | 45-55 | 28 | 42.071 | 4.634 |  |  |  |  |
| Gender | Male | 151 | 41.616 | 3.943 |  | 1.990 | 0.159 | NS |
|  | Female | 278 | 40.975 | 4.769 |  |  |  |  |
| Marital Status | Married | 342 | 40.977 | 4.507 |  | 4.203 | 0.041 | S |
|  | Unmarried | 87 | 42.081 | 4.394 |  |  |  |  |
| Type of Family | Joint Family | 197 | 40.756 | 4.031 |  | 3.568 | 0.060 | NS |
|  | Nuclear Family | 232 | 41.578 | 4.841 |  |  |  |  |
| Size of Family | 2 | 16 | 44.188 | 3.351 | 4.825 |  | 0.001 | S |
|  | 3 | 111 | 40.072 | 4.295 |  |  |  |  |
|  | 4 | 159 | 41.547 | 4.644 |  |  |  |  |
|  | 5 | 92 | 41.880 | 4.865 |  |  |  |  |
|  | 6 and Above | 51 | 40.412 | 3.269 |  |  |  |  |
| Monthly Income | Upto 20,000 | 165 | 41.200 | 4.509 | 5.527 |  | 0.001 | S |
|  | $\begin{aligned} & 20,001 \\ & 30,000 \end{aligned}$ | 132 | 40.447 | 4.426 |  |  |  |  |
|  | $\begin{aligned} & 30,001 \\ & 40,000 \end{aligned}$ | 4057 | 40.632 | 4.443 |  |  |  |  |
|  | Above,000 | 75 | 42.960 | 4.254 |  |  |  |  |


| Personal Factors |  | N | Mean | Standard |  | tValue | P- | S/NS |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Number of Earning Members | 1 | 54 | 42.259 | 4.743 | 2.290 |  | 0.078 | NS |
|  | 2 | 273 | 40.810 | 4.360 |  |  |  |  |
|  | 3 | 70 | 41.914 | 4.064 |  |  |  |  |
|  | 4 | 32 | 41.188 | 5.767 |  |  |  |  |
| Total <br> Family Income | Upto 40,000 | 141 | 41.121 | 4.420 | 2.918 |  | 0.034 | S |
|  | $\begin{aligned} & 40,000- \\ & 60,000 \end{aligned}$ | 112 | 40.295 | 4.431 |  |  |  |  |
|  | $\begin{aligned} & 60,000- \\ & 80,000 \end{aligned}$ | 82 | 41.585 | 3.836 |  |  |  |  |
|  | $\begin{array}{\|l\|} \hline \text { Above } \\ 80,001 \end{array}$ | 94 | 42.064 | 5.069 |  |  |  |  |
| Residential <br> Area | Rural | 121 | 41.826 | 4.652 | 3.057 |  | 0.048 | S |
|  | Urban | 224 | 40.692 | 4.292 |  |  |  |  |
|  | Semi-Urban | 84 | 41.655 | 4.712 |  |  |  |  |

## Source: Primary Data

The average Self Awareness score has been found to be high (42.071) for Teachers between 45 and 55 years of age group. The high mean has been found for Male (41.616) and the members who are unmarried (42.621). It has been observed that the average scores are found to be high (41.578) among Nuclear family. The high mean has been found for family size of 2 members (44.188), monthly income above 40,000(42.960), Number of Earning members found to be high in 1 member earning family (42.259). It has been observed that the average scores are found to be high (42.064) among people earning above 80,001 per month and members residing in Rural area (41.826) Residential area have high score.

The Above ANOVA results indicate that there is a significant difference in the average Self Awareness score among the teachers in respect of different personal factors, namely, marital status, Size of family, Monthly Income Total Family Income and Area of

Residence. Hence, the null hypotheses are rejected. The average score does not vary significantly in case of age group, gender, type of family, and number of earning members. Hence the null hypothesis is accepted.

The $t$ test result shows that no significant difference has been found in the average score of Self Awareness score between gender, marital status, type of family. Hence, the null hypotheses are accepted.

The personal factors namely marital status, Size of family, Monthly Income Total Family Income and Area of Residence has played a vital role in the Self Awareness of emotional intelligence. Hence, these factors have significantly differed in the Self Awareness Score in Emotional intelligence.

## Job factors Vs Self Awareness

ANOVA has been applied to find out whether there is any significant difference in the mean score among the group members in respect of job factors, namely, Educational Qualification, Nature of Employment, Designation, Years of Experience, Department and Number of Members in the Department as far as the Self Awareness Score to teaching professionals are concerned.

Ho: The average scores of self awareness does not vary significantly among the members for the selected job factors.

Table 4.7 ANOVA - Job Factors Vs Self Awareness

| Job Factors |  | N | Mean | Standard <br> Deviation | $\begin{gathered} F \\ \text { Value } \end{gathered}$ | P- <br> Value | S/NS |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Educational Qualification | Post-Graduation | 21 | 39.333 | 2.576 | 2.776 | 0.063 | NS |
|  | M.Phil | 207 | 41.010 | 4.949 |  |  |  |
|  | Ph.D | 201 | 41.592 | 4.111 |  |  |  |
|  | Total | 429 | 41.201 | 4.501 |  |  |  |
| Nature of Employment | Government College | 25 | 42.4000 | 4.80451 | 2.568 | . 078 | NS |
|  | Aided College | 83 | 41.9157 | 4.88203 |  |  |  |
|  | Self-Financing College | 321 | 40.9221 | 4.35138 |  |  |  |
|  | Total | 429 | 41.2005 | 4.50098 |  |  |  |


| Job Factors |  | N | Mean | Standard <br> Deviation | F <br> Value | PValue | S/NS |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Designation | Assistant Professor | 356 | 40.933 | 4.663 | 3.802 | 0.023 | S |
|  | Associate Professor | 55 | 42.600 | 3.473 |  |  |  |
|  | Professor | 18 | 42.222 | 2.942 |  |  |  |
|  | Total | 429 | 41.201 | 4.501 |  |  |  |
| Years of Experience | Below 5 Years | 116 | 41.043 | 4.182 | 6.974 | 0.000 | S |
|  | 6-10 Years | 150 | 40.707 | 4.954 |  |  |  |
|  | 11-15 Years | 83 | 40.301 | 4.024 |  |  |  |
|  | 16-20 Years | 54 | 42.593 | 3.647 |  |  |  |
|  | Above 20 Years | 26 | 44.731 | 4.172 |  |  |  |
|  | Total | 429 | 41.201 | 4.501 |  |  |  |
| Department | Basic Science | 25 | 42.960 | 4.632 | 1.243 | 0.292 | NS |
|  | Arts | 81 | 41.370 | 4.614 |  |  |  |
|  | Computer Science | 38 | 41.474 | 4.825 |  |  |  |
|  | Commerce Management | 246 | 40.931 | 4.201 |  |  |  |
|  | Humanities | 39 | 41.154 | 5.542 |  |  |  |
|  | Total | 429 | 41.201 | 4.501 |  |  |  |
| Number of Members in the Department | Below 5 | 126 | 41.222 | 4.336 | 3.608 | 0.007 | S |
|  | 6-10 | 167 | 41.581 | 4.872 |  |  |  |
|  | 11-15 | 106 | 40.453 | 4.209 |  |  |  |
|  | 16-20 | 18 | 43.722 | 3.250 |  |  |  |
|  | Above 20 | 12 | 38.500 | 2.236 |  |  |  |
|  | Total | 429 | 41.201 | 4.501 |  |  |  |

## Source: Primary Data

The average self awareness has been found to be high (41.592) for PhD holders as far educational qualification is concerned. The high mean has been found for government college (42.400) and while considering designation it is found to be high for associate professor (42.600).it has been observed that the average scores are found to be
high (44.731) for above 20 years of experience. The high mean has been found for basic science (42.960), number of members in the department are found to be high between 16 -20 members in department (43.722).

The above ANOVA results indicate that there is a significant difference in the average self awareness score among the teachers in respect of different job factors, namely designation, years of experience and number of members in the department. Hence, the null hypotheses are rejected. The average score does not vary significantly in case of educational qualification, nature of employment and department. Hence the null hypothesis is accepted.

The job factors namely designation, years of experience and number of members in the department have played a vital role in the self awareness score of emotional intelligence. Hence, these factors have significantly differed in the self awareness score of teachers in emotional intelligence.

## Descriptive Statistics - Self Management

The second factor considered and emotional intelligence is self management which describes, understanding the self coaching techniques, taking actions towards the goals, positive thinking, overcome my challenges and control their anger/frustration. The prescribed description statistics presented in the following table.

Table 4.8 Descriptive Statistics - Self Management

|  | $\mathbf{N}$ | Minimum | Maximum | Mean | Std. <br> Deviation |
| :--- | :---: | :---: | :---: | :---: | :---: |
| I understand to use the self <br> coaching techniques | 429 | 2 | 5 | 4.21 | .770 |
| I understand the difference <br> between self esteem and self <br> respect | 429 | 2 | 5 | 4.25 | .695 |
| I can able to become an <br> effective role model | 429 | 2 | 5 | 4.26 | .730 |
| I can manage my personal <br> changes effectively | 429 | 2 | 5 | 4.21 | .660 |
| I set my personal goals and <br> take actions towards them | 429 | 1 | 5 | 4.27 | .698 |


|  | $\mathbf{N}$ | Minimum | Maximum | Mean | Std. <br> Deviation |
| :--- | :---: | :---: | :---: | :---: | :---: |
| I adopt positive thinking | 429 | 1 | 5 | 4.35 | .719 |
| I will and I can be able to <br> successfully overcome my <br> challenges | 429 | 1 | 5 | 4.25 | .745 |
| I am able to calm down <br> quickly | 429 | 1 | 5 | 4.00 | .794 |
| I will set goals to my self <br> and try to achieve them to <br> my level best | 429 | 2 | 5 | 4.16 | .750 |
| I can able to control my <br> anger/frustration | 429 | 1 | 5 | 4.01 | .922 |

Source: Primary Data
The above table shows the mean ratings for self management. The highest rating has been assigned for the 'I adopt positive thinking' (4.35), followed by 'I set my personal goals and take actions towards them' (4.27), 'I can able to become an effective role model', (4.26), 'I understand the difference between self esteem and self respect'and 'I will and I can be able to successfully overcome my challenges' (4.25), 'I understand to use the self coaching techniques' and 'I can manage my personal changes effectively' (4.21), 'I will set goals to myself and try to achieve them to my level best' (4.16), 'I can able to control my anger/frustration' (4.01), 'I am able to calm down quickly' (4.00), and it is inferred from the result that the respondents have self management.

## Selected Personal Factors and Factors that induce Self-Management Score of

 TeachersTo examine whether there is any significant difference between the Factors inducing Self-Management of Teachers and selected personal factors, the overall Self-Management Score of the Teachers has been taken as dependent variables whereas the Personal and study factors have been considered as the independent variables for analysis purposes. The ANOVA have been appropriately used based on the nature of the variables to derive the results.

The table depicts the influence of Factors that induce Self-Management Score and various Selected Personal \& study factors and their corresponding overall mean scores.

Ho: The average scores of self awareness does not vary significantly among the members for the selected personal factors.

Table 4.9 ANOVA - Personal Factor and Self-Management Score

| Personal Factors |  | N | Mean | Standard <br> Deviation |  | $t-$ <br> Value | P- <br> Value | S/NS |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age | <25 | 24 | 43.000 | 5.030 | 2.277 |  | 0.079 | NS |
|  | 25-35 | 210 | 41.343 | 4.761 |  |  |  |  |
|  | 35-45 | 167 | 42.581 | 5.438 |  |  |  |  |
|  | 45-55 | 28 | 42.143 | 3.969 |  |  |  |  |
| Gender | Male | 151 | 42.556 | 4.412 |  | 3.186 | 0.075 | NS |
|  | Female | 278 | 41.651 | 5.315 |  |  |  |  |
| Marital Status | Married | 342 | 41.804 | 5.070 |  | 1.832 | 0.177 | NS |
|  | Unmarried | 87 | 42.621 | 4.837 |  |  |  |  |
| Type of Family | Joint Family | 197 | 42.533 | 5.255 |  | 4.609 | 0.032 | S |
|  | Nuclear Family | 232 | 41.491 | 4.788 |  |  |  |  |
| Size of Family | 2 | 16 | 45.250 | 2.978 | 6.783 |  | 0.000 | S |
|  | 3 | 111 | 40.667 | 4.605 |  |  |  |  |
|  | 4 | 159 | 41.893 | 4.863 |  |  |  |  |
|  | 5 | 92 | 43.609 | 4.591 |  |  |  |  |
|  | 6 and Above | 51 | 41.059 | 6.408 |  |  |  |  |
| Monthly Income | Upto 20,000 | 165 | 40.685 | 5.350 | 6.936 |  | 0.000 | S |
|  | $\begin{aligned} & 20,001 \\ & 30,000 \end{aligned}$ | 132 | 42.682 | 4.920 |  |  |  |  |
|  | $\begin{aligned} & 30,001 \\ & 40,000 \end{aligned}$ | 57 | 42.088 | 4.090 |  |  |  |  |
|  | Above 40,000 | 75 | 43.453 | 4.530 |  |  |  |  |


| Personal Factors |  | N | Mean | Standard Deviation | $\begin{gathered} F \\ \text { Value } \end{gathered}$ | t- <br> Value | PValue | S/NS |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Number of <br> Earning <br> Members | 1 | 54 | 42.722 | 4.423 | 3.886 |  | 0.009 | S |
|  | 2 | 273 | 41.788 | 4.857 |  |  |  |  |
|  | 3 | 70 | 43.114 | 4.322 |  |  |  |  |
|  | 4 | 32 | 39.750 | 7.607 |  |  |  |  |
| Total Family Income | Upto 40,000 | 141 | 41.915 | 4.995 | 0.915 |  | 0.434 | NS |
|  | $\begin{aligned} & 40,000 \\ & 60,000 \end{aligned}$ | 112 | 41.643 | 4.454 |  |  |  |  |
|  | $\begin{aligned} & 60,000 \\ & 80,000 \end{aligned}$ | 82 | 42.768 | 6.403 |  |  |  |  |
|  | Above 80,001 | 94 | 41.745 | 4.325 |  |  |  |  |
| Residential <br> Area | Rural | 121 | 41.529 | 4.987 | 0.818 |  | 0.442 | NS |
|  | Urban | 224 | 42.040 | 5.024 |  |  |  |  |
|  | Semi-Urban | 84 | 42.417 | 5.114 |  |  |  |  |

## Source: Primary Data

The average Self-Management Score has been found to be high (43.000) for less than 25 years of age group. The high mean has been found for Male (42.556) and the members who are unmarried (42.621). It has been observed that the average scores are found to be high (42.533) among Joint family. The high mean has been found for family size of 2 members (45.250), monthly income above 40,000 (43.453), Number of Earning members found to be high in 3 member earning family (43.114). It has been observed that the average scores are found to be high (42.768) among people earning between 60001 and 80000 and members in Semi -Urban (42.417) Residential area have high score.

The Above ANOVA results indicate that there is a significant difference in the average Self-Management Score among the teachers in respect of different personal factors, namely, type of family, size of family, monthly income and number of earning members. Hence, the null hypotheses are rejected. The average score does not vary significantly in case of Age group, Gender, Marital status, and Total Family Income and Area of Residence. Hence the null hypothesis is accepted.

The $t$ test result shows that no significant difference has been found in the average score of Self-Management between i) Gender ii) Marital Status iii) Type of family. Hence, the null hypotheses are accepted.

The personal factors namely type of family, size of family, monthly income and number of earning members have played a vital role in the Self-Management of emotional intelligence. Hence, these factor have significantly differed in the SelfManagement Score in Emotional intelligence.

## Job factors Vs Self Management

ANOVA has been applied to find out whether there is any significant difference in the mean score among the group members in respect of job factors, namely, Educational Qualification, Nature of Employment, Designation, Years of Experience, Department and Number of Members in the department as far as the Self Management to teaching professionals are concerned.

Ho: The average scores of self awareness does not vary significantly among the members for the selected job factors.

Table 4.10 ANOVA - Job Factors Vs Self Management Score

| Job Factors |  | N | Mean | Standard Deviation | F <br> Value | PValue | S/NS |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Educational Qualification | Post-Graduation | 21 | 41.3810 | 2.80136 | 1.589 | 0.205 | NS |
|  | M.Phil | 207 | 41.5845 | 5.54779 |  |  |  |
|  | Ph.D | 201 | 42.4279 | 4.60826 |  |  |  |
|  | Total | 429 | 41.9697 | 5.02903 |  |  |  |
| Nature of Employment | Government College | 25 | 43.9600 | 5.89124 | 2.203 | . 112 | NS |
|  | Aided College | 83 | 41.6145 | 4.36960 |  |  |  |
|  | Self-Financing College | 321 | 41.9065 | 5.09755 |  |  |  |
|  | Total | 429 | 41.9697 | 5.02903 |  |  |  |


| Job Factors |  | N | Mean | Standard Deviation | $\begin{gathered} F \\ \text { Value } \end{gathered}$ | P- <br> Value | S/NS |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Designation | Assistant Professor | 356 | 41.6798 | 5.01701 | 4.451 | 0.012 | S |
|  | Associate <br> Professor | 55 | 43.8364 | 5.18818 |  |  |  |
|  | Professor | 18 | 42.0000 | 3.54799 |  |  |  |
|  | Total | 429 | 41.9697 | 5.02903 |  |  |  |
| Years of Experience | Below 5 Years | 116 | 40.9741 | 5.05012 | 4.660 | 0.001 | S |
|  | 6-10 Years | 150 | 41.7200 | 5.46388 |  |  |  |
|  | 11-15 Years | 83 | 42.3012 | 4.49318 |  |  |  |
|  | 16-20 Years | 54 | 44.4074 | 4.09103 |  |  |  |
|  | Above 20 Years | 26 | 41.7308 | 4.21955 |  |  |  |
|  | Total | 429 | 41.9697 | 5.02903 |  |  |  |
| Department | Basic Science | 25 | 41.4400 | 4.77912 | 0.633 | 0.639 | NS |
|  | Arts | 81 | 41.4815 | 5.81187 |  |  |  |
|  | Computer Science | 38 | 41.4211 | 6.00284 |  |  |  |
|  |  <br> Management | 246 | 42.2927 | 4.73757 |  |  |  |
|  | Humanities | 39 | 41.8205 | 4.22319 |  |  |  |
|  | Total | 429 | 41.9697 | 5.02903 |  |  |  |
| Number of Members in the Department | Below 5 | 126 | 42.0635 | 5.21344 | 0.930 | 0.446 | NS |
|  | 6-10 | 167 | 42.3114 | 4.89517 |  |  |  |
|  | 11-15 | 106 | 41.1887 | 4.81093 |  |  |  |
|  | 16-20 | 18 | 42.6667 | 6.16441 |  |  |  |
|  | Above 20 | 12 | 42.0833 | 5.03548 |  |  |  |
|  | Total | 429 | 41.9697 | 5.02903 |  |  |  |

## Source: Primary Data

The average Self Management has been found to be high (42.4279) for Ph.D. holders as far educational qualification is concerned. The high mean has been found for government college (43.9600) and while considering designation it is found to be high for associate professor (43.8364).it has been observed that the average scores are found to be high (44.4074) for experience between16-20 years of experience. The high mean has been found for Commerce \& Management (42.2927), number of members in the department are found to be high between 16-20 members in department (42.6667).

The above anova results indicate that there is a significant difference in the average Self Management among the teachers in respect of different job factors, namely designation and years of experience. Hence, the null hypotheses are rejected. The average score does not vary significantly in case of educational qualification, nature of employment, department and number of members in the department. Hence the null hypothesis is accepted.

The job factors namely designation and years of experience have played a vital role in the Self Management score of emotional intelligence. Hence, these factors have significantly differed in the Self Management score of teachers in emotional intelligence.

## Descriptive Statistics- Social Awareness

The Third factor considered and emotional intelligence is Social Awareness which describes, recognize value, empathy, understand and enter someone's world, I can always welcome the suggestions/recommendations of others, understand the emotions by the tone of their voices, The descriptive statistics is presented in the following table.

Table 4.11 Descriptive Statistics- Social Awareness

|  | $\mathbf{N}$ | Minimum | Maximum | Mean | Std. <br> Deviation |
| :--- | :---: | :---: | :---: | :---: | :---: |
| I recognize value difference <br> and similarities between people <br> and cultures | 429 | 2 | 5 | 4.19 | .696 |
| I recognize and use empathy <br> effectively | 429 | 2 | 5 | 4.07 | .767 |
| I can understand and enter <br> someone's world | 429 | 1 | 5 | 3.84 | .945 |
| I can understand other's <br> feelings | 429 | 2 | 5 | 4.15 | .735 |


|  | N | Minimum | Maximum | Mean | Std. <br> Deviation |
| :--- | :---: | :---: | :---: | :---: | :---: |
| I can always welcome the <br> suggestions/recommendations <br> of others | 429 | 1 | 5 | 4.22 | .781 |
| I can tell how others feel by the <br> tone of their voices | 429 | 1 | 5 | 4.10 | .786 |
| It is easy for me to understand <br> why people feel the way they <br> do | 429 | 2 | 5 | 4.12 | .787 |
| I compliment others when they <br> have done something well | 429 | 1 | 5 | 4.11 | .874 |
| In my friends group I am <br> generally aware of how each <br> person feels about the other <br> person | 429 | 2 | 5 | 4.17 | .723 |

## Source: Primary Data

The above table shows the mean ratings for Social Awareness. The highest rating has been assigned for the 'I can always welcome the suggestions/recommendations of others' (4.22), followed by 'I recognize value difference and similarities between people and cultures' (4.19), 'In my friends group I am generally aware of how each person feels about the other person' (4.17), 'I can understand other's feelings' (4.15), 'It is easy for me to understand why people feel the way they do' (4.12), 'I compliment others when they have done something well' (4.11), 'I can tell how others feel by the tone of their voices' (4.10), 'I recognize and use empathy effectively' (4.07), 'I can understand and enter someone's world'(3.84), and it is inferred from the result that the respondents have Social Awareness.

## Personal factors Vs Social Awareness Score

ANOVA has been applied to find out whether there is any significant difference in the mean score among the group members in respect of personal factors, namely, age group, gender, marital status, type of family, size of family, monthly income, number of earning members, total family income and residential area as far as the social awareness to teaching professionals are concerned.

A paired $t$ test has been applied to test the difference, if any, in respect of i) Gender ii) Marital Status iii) Type of family and the Social Awareness.

Ho: The average scores of Social Awareness does not vary significantly among the members for the selected personal factors.

Table 4.12 ANOVA - Personal Factor Vs Social Awareness Score

| Personal Factors |  | N | Mean | Standard <br> Deviation | $\mathbf{F}$ <br> Value | t- <br> Value | P- <br> Value | S/NS |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age | <25 | 24 | 38.542 | 4.482 | 3.103 |  | 0.027 | S |
|  | 25-35 | 210 | 36.752 | 4.276 |  |  |  |  |
|  | 35-45 | 167 | 37.323 | 4.490 |  |  |  |  |
|  | 45-55 | 28 | 35.143 | 5.275 |  |  |  |  |
| Gender | Male | 151 | 37.007 | 3.957 |  | 0.016 | 0.900 | NS |
|  | Female | 278 | 36.950 | 4.737 |  |  |  |  |
| Marital Status | Married | 342 | 36.810 | 4.517 |  | 2.157 | 0.143 | NS |
|  | Unmarried | 87 | 37.598 | 4.266 |  |  |  |  |
| Type of Family | Joint Family | 197 | 36.827 | 4.424 |  | 0.368 | 0.544 | NS |
|  | Nuclear Family | 232 | 37.091 | 4.521 |  |  |  |  |
| Size of Family | 2 | 16 | 40.125 | 3.914 | 4.627 |  | 0.001 | S |
|  | 3 | 111 | 36.144 | 4.043 |  |  |  |  |
|  | 4 | 159 | 37.428 | 4.413 |  |  |  |  |
|  | 5 | 92 | 37.315 | 4.550 |  |  |  |  |
|  | 6 and Above | 51 | 35.726 | 4.936 |  |  |  |  |
| Monthly Income | Upto 20,000 | 165 | 36.576 | 4.831 | 1.344 |  | 0.260 | NS |
|  | $\begin{array}{\|l\|} \hline 20,001- \\ 30,000 \end{array}$ | 132 | 37.152 | 4.270 |  |  |  |  |
|  | $\begin{array}{\|l\|} \hline 30,001- \\ 40,000 \end{array}$ | 57 | 36.667 | 3.671 |  |  |  |  |
|  | Above <br> 40,000 | 75 | 37.747 | 4.521 |  |  |  |  |
| Number of Earning Members | 1 | 54 | 38.593 | 4.218 | 3.271 |  | 0.021 | S |
|  | 2 | 273 | 36.612 | 4.306 |  |  |  |  |
|  | 3 | 70 | 37.329 | 4.218 |  |  |  |  |
|  | 4 | 32 | 36.500 | 6.112 |  |  |  |  |


| Personal Factors |  | N | Mean | Standard <br> Deviation | F <br> Value | t- <br> Value | P- <br> Value | S/NS |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Total <br> Family <br> Income | Upto 40,000 | 141 | 36.950 | 4.247 | 1.189 |  | 0.314 | NS |
|  | $\begin{aligned} & 40,000- \\ & 60,000 \end{aligned}$ | 112 | 36.839 | 4.210 |  |  |  |  |
|  | $\begin{aligned} & 60,001- \\ & 80,000 \end{aligned}$ | 82 | 37.732 | 4.949 |  |  |  |  |
|  | Above 80,001 | 94 | 36.489 | 4.658 |  |  |  |  |
| Residential Area | Rural | 121 | 36.579 | 4.813 | 3.762 |  | 0.024 | S |
|  | Urban | 224 | 36.737 | 4.466 |  |  |  |  |
|  | Semi-Urban | 84 | 38.155 | 3.785 |  |  |  |  |

## Source: Primary Data

The average Social Awareness score has been found to be high (38.542) for less than 25 years of age group. The high mean has been found for Male (37.007) and the members who are unmarried (37.598).It has been observed that the average scores are found to be high (37.091) among nuclear family. The high mean has been found for family size of 2 members (40.125), monthly income above 40,000 (37.747), Number of Earning members found to be high in one member earning family (38.593). It has been observed that the average scores are found to be high (37.732) among people earning between 60001 and 80000 and members in Semi -Urban (38.155) Residential area have high score.

The Above ANOVA results indicate that there is a significant difference in the average Social Awareness score among the teachers in respect of different personal factors, namely, age group, size of family, number of earning members and area of residence. Hence, the null hypotheses are rejected. The average score does not vary significantly in case of gender, marital status, type of family, monthly income and total family income. Hence the null hypothesis is accepted.

The $t$ test result shows that no significant difference has been found in the average score of Social Awareness between i) Gender ii) Marital Status iii) Type of family. Hence, the null hypotheses are accepted.

The personal factors namely Age group, Size of family, Number of Earning Members and Area of Residence have played a vital role in the Social Awareness of emotional intelligence. Hence, these factor have significantly differed in the Social Awareness of teachers in Emotional intelligence.

## Job factors and Social Awareness Score

ANOVA has been applied to find out whether there is any significant difference in the mean score among the group members in respect of job factors, namely, Educational Qualification, Nature of Employment, Designation, Years of Experience, Department and Number of Members in the Department as far as the Social Awareness to teaching professionals are concerned.

Ho: The average scores of Social Awareness does not vary significantly among the members for the selected job factors.

Table 4.13 ANOVA - Job Factors and Social Awareness Score

| Job Factors |  | N | Mean | Standard Deviation | F <br> Value | PValue | S/NS |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Educational Qualification | Post-Graduation | 21 | 36.8571 | 2.65115 | 0.256 | 0.774 | NS |
|  | M.Phil | 207 | 36.8213 | 4.98073 |  |  |  |
|  | Ph.D | 201 | 37.1343 | 4.06409 |  |  |  |
|  | Total | 429 | 36.9697 | 4.47334 |  |  |  |
| Nature of Employment | Government College | 25 | 36.6800 | 4.97259 | . 057 | . 945 | NS |
|  | Aided College | 83 | 37.0120 | 4.70209 |  |  |  |
|  | Self-Financing College | 321 | 36.9813 | 4.38602 |  |  |  |
|  | Total | 429 | 36.9697 | 4.47334 |  |  |  |
| Designation | Assistant <br> Professor | 356 | 36.9719 | 4.60426 | 0.001 | 0.999 | NS |
|  | Associate Professor | 55 | 36.9455 | 4.30941 |  |  |  |
|  | Professor | 18 | 37.0000 | 1.45521 |  |  |  |
|  | Total | 429 | 36.9697 | 4.47334 |  |  |  |


| Job Factors |  | N | Mean | Standard <br> Deviation | $\mathbf{F}$ <br> Value | P- <br> Value | S/NS |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Years of Experience | Below 5 Years | 116 | 36.5776 | 4.74782 | 2.893 | 0.022 | S |
|  | 6-10 Years | 150 | 36.6000 | 4.70470 |  |  |  |
|  | 11-15 Years | 83 | 37.4940 | 3.48297 |  |  |  |
|  | 16-20 Years | 54 | 38.5556 | 3.48402 |  |  |  |
|  | Above 20 Years | 26 | 35.8846 | 5.68737 |  |  |  |
|  | Total | 429 | 36.9697 | 4.47334 |  |  |  |
| Department | Basic Science | 25 | 37.1600 | 4.65188 | 0.833 | 0.505 | NS |
|  | Arts | 81 | 37.3210 | 4.75612 |  |  |  |
|  | Computer Science | 38 | 36.2895 | 5.21385 |  |  |  |
|  |  <br> Management | 246 | 37.0894 | 4.27620 |  |  |  |
|  | Humanities | 39 | 36.0256 | 4.23946 |  |  |  |
|  | Total | 429 | 36.9697 | 4.47334 |  |  |  |
| Number of Members in the Department | Below 5 | 126 | 37.0317 | 4.51121 | 2.100 | 0.080 | NS |
|  | 6-10 | 167 | 37.4611 | 4.71060 |  |  |  |
|  | 11-15 | 106 | 36.2075 | 4.33747 |  |  |  |
|  | 16-20 | 18 | 37.8333 | 3.32990 |  |  |  |
|  | Above 20 | 12 | 34.9167 | . 79296 |  |  |  |
|  | Total | 429 | 36.9697 | 4.47334 |  |  |  |

## Source: Primary Data

The average Social Awareness Score has been found to be high (37.1343) for Ph.D holders as far educational qualification is concerned. The high mean has been found for Aided College (37.0120) and while considering designation it is found to be high for professor (37.000). It has been observed that the average scores are found to be high (38.5556) for experience between16-20 years of experience. The high mean has been found for Arts (37.3210), number of members in the department are found to be high between 16-20 members in department (37.8333).

The above anova results indicate that there is a significant difference in the average Social Awareness Score among the teachers in respect of different job factors, namely years of experience. Hence, the null hypotheses are rejected. The average score does not vary significantly in case of educational qualification, nature of employment, designation, department and number of members in the department. Hence the null hypothesis is accepted.

The job factors namely years of experience have played a vital role in the Social Awareness Score of emotional intelligence. Hence, these factor have significantly differed in the Social Awareness Score of teachers in emotional intelligence.

## Descriptive Statistics- Relationship Management

The fourth factor considered in emotional intelligence is Relationship Management which describes, assertive, long term relationship, drives \& motivates others, maintain openness, trust and honesty, change catalyst, work in team, achieve goals, sensitive to others emotions and seek solutions \& solve problems. The descriptive statistics is presented in the following table.

Table 4.14 Descriptive Statistics- Relationship Management

|  | N | Minimum | Maximum | Mean | Std. <br> Deviation |
| :--- | :---: | :---: | :---: | :---: | :---: |
| I actively help others to be more <br> assertive | 429 | 1 | 5 | 4.10 | .840 |
| I can establish and build a long <br> term relationship | 429 | 1 | 5 | 4.08 | .877 |
|  <br> motivates others | 429 | 1 | 5 | 4.06 | .897 |
| I can develop and maintain <br> openness, trust and honesty | 429 | 1 | 5 | 4.12 | .907 |
| I can act as a change catalyst | 429 | 1 | 5 | 4.03 | .897 |
| I can collaborate and work in team | 429 | 1 | 5 | 4.20 | .926 |
| I can set and achieve goals | 429 | 1 | 5 | 4.12 | .906 |
| I am senstitive to others <br> emotions \& moods | 429 | 1 | 5 | 4.06 | .882 |
| I actively seek solutions \& solve <br> problems by knowing when to <br> fight \& when to walk away | 429 | 1 | 5 | 4.06 | .873 |

Source: Primary Data

The above table shows the mean ratings for Relationship Management. The highest rating has been assigned for the 'I can collaborate and work in team' (4.20), followed by 'I can develop and maintain openness, trust and honesty' and 'I can set and achieve goals' (4.12), 'I actively help others to be more assertive' (4.10), 'I can establish and build a long term relationship' (4.08), ' I recognize which drives \& motivates others', 'I am sensitive to others emotions \& moods' and 'I actively seek solutions \& solve problems by knowing when to fight \& when to walk away'(4.06) and 'I can act as a change catalyst' (4.03) and it is inferred from the result that the respondents have Relationship Management.

## Personal factors Vs Relationship Management Score

ANOVA has been applied to find out whether there is any significant difference in the mean score among the group members in respect of personal factors, namely, age group, gender, marital status, type of family, size of family, monthly income, number of earning members, total family income and residential area as far as the relationship management to teaching professionals are concerned.

A paired t test has been applied to test the difference, if any, in respect of i) Gender ii) Marital Status iii) Type of family and the Relationship Management.

Ho: The average scores of Relationship Management does not vary significantly among the members for the selected personal factors.

Table 4.15 ANOVA - Personal Factor and Relationship Management Score

| Personal Factors |  | N | Mean | Standard <br> Deviation | F Value | tValue | P- <br> Value | S/NS |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age | <25 | 24 | 37.125 | 4.919 | 0.808 |  | 0.490 | NS |
|  | 25-35 | 210 | 37.214 | 4.871 |  |  |  |  |
|  | 35-45 | 167 | 36.563 | 7.639 |  |  |  |  |
|  | 45-55 | 28 | 35.464 | 8.257 |  |  |  |  |
| Gender | Male | 151 | 37.358 | 5.795 |  | 1.552 | 0.214 | NS |
|  | Female | 278 | 36.561 | 6.594 |  |  |  |  |


| Personal Factors |  | N | Mean | Standard <br> Deviation | $\underset{\text { Value }}{F}$ | tValue | P- <br> Value | S/NS |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Marital Status | Married | 342 | 36.693 | 6.599 |  | 0.929 | 0.336 | NS |
|  | Unmarried | 87 | 37.425 | 5.121 |  |  |  |  |
| Type of Family | Joint Family | 197 | 36.965 | 5.826 |  | 0.137 | 0.711 | NS |
|  | Nuclear Family | 232 | 36.737 | 6.737 |  |  |  |  |
| Size of Family | 2 | 16 | 40.000 | 2.608 | 4.546 |  | 0.001 | S |
|  | 3 | 111 | 37.090 | 4.010 |  |  |  |  |
|  | 4 | 159 | 35.522 | 8.221 |  |  |  |  |
|  | 5 | 92 | 38.500 | 4.692 |  |  |  |  |
|  | 6 and Above | 51 | 36.431 | 6.136 |  |  |  |  |
| Monthly Income | Upto 20,000 | 165 | 36.903 | 5.145 | 3.523 |  | 0.015 | S |
|  | $\begin{aligned} & 20,001 \\ & 30,000 \end{aligned}$ | 132 | 37.742 | 4.727 |  |  |  |  |
|  | $\begin{array}{\|l\|} \hline 30,001 \\ 40,000 \end{array}$ | 57 | 37.211 | 3.473 |  |  |  |  |
|  | Above $40,000$ | 75 | 34.840 | 10.894 |  |  |  |  |
| Number of <br> Earning <br> Members | 1 | 54 | 33.685 | 11.287 | 8.396 |  | 0.000 | S |
|  | 2 | 273 | 37.487 | 4.537 |  |  |  |  |
|  | 3 | 70 | 37.957 | 4.020 |  |  |  |  |
|  | 4 | 32 | 34.219 | 9.363 |  |  |  |  |
| Total Family Income | Upto 40,000 | 141 | 37.348 | 4.827 | 7.052 |  | 0.000 | S |
|  | $\begin{array}{\|l\|} \hline 40,000 \\ 60,000 \end{array}$ | 112 | 36.884 | 4.411 |  |  |  |  |
|  | $\begin{array}{\|l\|} 60,001 \\ 80,000 \end{array}$ | 82 | 38.610 | 4.863 |  |  |  |  |
|  | Above <br> 80,001 | 94 | 34.489 | 9.833 |  |  |  |  |
| Residential Area | Rural | 121 | 34.785 | 8.793 | 9.241 |  | 0.000 | S |
|  | Urban | 224 | 37.656 | 4.692 |  |  |  |  |
|  | Semi-Urban | 84 | 37.631 | 5.197 |  |  |  |  |

## Source: Primary Data

The average Relationship Management score has been found to be high (37.214) Between 25 years and 35 years of age group. The high mean has been found for Male (37.358) and the members who are unmarried (37.425).It has been observed that the average scores are found to be high (36.965) among Joint family. The high mean has been found for family size of 2 members (40.000), monthly income between 20,001 and 30000 (37.742), Number of Earning members found to be high in three member earning family (37.957). It has been observed that the average scores are found to be high (38.610) among people earning between 60001 and 80000 and members in Urban (37.656) Residential area have high score.

The Above ANOVA results indicate that there is a significant difference in the average Relationship Management score among the teachers in respect of different personal factors, namely size of family, monthly income, number of earning members, total family income and area of Residence. Hence, the null hypotheses are rejected. The average score does not vary significantly in case of age group, gender, marital status and type of family. Hence the null hypothesis is accepted.

The $t$ test result shows that no significant difference has been found in the average score of Relationship Management between i) Gender ii) Marital Status iii) Type of family. Hence, the null hypotheses are accepted.

The personal factors namely Size of family, Monthly Income, number of earning members, total family income and area of residence have played a vital role in the Relationship Management of emotional intelligence. Hence, these factor have significantly differed in the Relationship Management of teachers in Emotional intelligence.

## Job Factors and Relationship Management Score

ANOVA has been applied to find out whether there is any significant difference in the mean score among the group members in respect of job factors, namely, Educational Qualification, Nature of Employment, Designation, Years of Experience, Department and Number of Members in the Department as far as the Relationship Management Score to teaching professionals are concerned.

Ho: The average scores of Relationship Management does not vary significantly among the members for the selected job factors.

Table 4.16 ANOVA - Job Factors and Relationship Management Score

| Job Factors |  | N | Mean | Standard <br> Deviation | F Value | PValue | S/NS |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Educational Qualification | Post-Graduation | 21 | 36.2381 | 2.89663 | 2.325 | 0.099 | NS |
|  | M.Phil | 207 | 37.5217 | 5.11122 |  |  |  |
|  | Ph.D | 201 | 36.2040 | 7.55203 |  |  |  |
|  | Total | 429 | 36.8415 | 6.32847 |  |  |  |
| Nature of Employment | Government College | 25 | 35.7600 | 7.50156 | 10.635 | . 000 | S |
|  | Aided College | 83 | 34.1687 | 9.51612 |  |  |  |
|  | Self-Financing College | 321 | 37.6168 | 4.85730 |  |  |  |
|  | Total | 429 | 36.8415 | 6.32847 |  |  |  |
| Designation | Assistant Professor | 356 | 36.6545 | 6.56678 | 1.083 | 0.339 | NS |
|  | Associate Professor | 55 | 38.0000 | 4.40538 |  |  |  |
|  | Professor | 18 | 37.0000 | 6.40772 |  |  |  |
|  | Total | 429 | 36.8415 | 6.32847 |  |  |  |
| Years of Experience | Below 5 Years | 116 | 36.2500 | 5.71934 | 3.093 | 0.016 | S |
|  | 6-10 Years | 150 | 36.9067 | 5.34243 |  |  |  |
|  | 11-15 Years | 83 | 38.0964 | 6.45739 |  |  |  |
|  | 16-20 Years | 54 | 37.5926 | 6.28120 |  |  |  |
|  | Above 20 Years | 26 | 33.5385 | 11.19011 |  |  |  |
|  | Total | 429 | 36.8415 | 6.32847 |  |  |  |
| Department | Basic Science | 25 | 31.0400 | 12.23206 | 7.887 | 0.000 | S |
|  | Arts | 81 | 36.7654 | 6.59786 |  |  |  |
|  | Computer Science | 38 | 35.6842 | 7.05233 |  |  |  |
|  |  <br> Management | 246 | 37.8252 | 4.54433 |  |  |  |
|  | Humanities | 39 | 35.6410 | 7.22017 |  |  |  |
|  | Total | 429 | 36.8415 | 6.32847 |  |  |  |


| Job Factors |  | N | Mean | Standard <br> Deviation | F <br> Value | P- <br> Value | S/NS |
| :--- | :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| Number of <br> Members in <br> the <br> Department | Below 5 | $6-10$ | 126 | 35.5952 | 8.64516 |  |  |
|  | $11-15$ | 167 | 37.9162 | 4.57654 |  |  |  |
|  | $16-20$ | 106 | 36.9151 | 4.53582 |  | 3.140 | 0.015 |
|  | Above 20 | 18 | 37.1111 | 7.21835 |  |  |  |
|  | Total | 12 | 33.9167 | 8.43648 |  |  |  |

## Source: Primary Data

The average Relationship Management Score has been found to be high (37.5217) for M.Phil holders as far educational qualification is concerned. The high mean has been found for Self-Financing College (37.6168) and while considering designation it is found to be high for associate professor (38.0000). It has been observed that the average scores are found to be high (38.0964) between11-15 years of experience. The high mean has been found for Commerce \& Management (37.8252), numbers of members in the department are found to be high between $6-10$ members in department (37.9162).

The above anova results indicate that there is a significant difference in the average Relationship Management Score among the teachers in respect of different job factors, namely nature of employment and department, years of experience, department and number of members in the department. Hence, the null hypotheses are rejected. The average score does not vary significantly in case of educational qualification, designation. Hence the null hypothesis is accepted.

The job factors namely nature of employment and department, years of experience, department and number of members in the department have played a vital role in the Relationship Management Score of emotional intelligence. Hence, these factor have significantly differed in the Relationship Management Score of teachers in emotional intelligence.

## RANK ANALYSIS - KENDALL'S COEFFICIENT OF CONCORDANCE

Kendall's Coefficient of Concordance has been used to find whether the ranks assigned by the respondents have any similarities. The Kendall's (w) vary between 0 and 1 . Higher the value of (w), higher the similarity among the respondents in assigning ranks. It is applied to find out whether the respondents have assigned similar ranks in expressing their opinion.

The respondents were asked to rank a set of 6 items regarding teaching profession. The most important item was given rank 1. The least important item has given a rank of 6 . Mean ranks were found out for each item and were again ordered based on the mean values. The details are given in the following table.

## RANK ANALYSIS FOR SELECTING TEACHING PROFESSION

Table 4.17

| Elements | Mean Rank |
| :--- | :---: |
| Ambition | 2.50 |
| Passion | 2.62 |
| Good Working Environment | 3.22 |
| Job Security | 4.08 |
| Social and Economic Status | 3.76 |
| Salary and Benefits | 4.82 |

## Source: Primary Data

It is inferred from the above table that most of the respondents have given top priority for 'Ambition' (2.50), $2^{\text {nd }}$ priority for Passion (2.62), $3^{\text {rd }}$ priority for Good Working Environment (3.22), $4^{\text {th }}$ priority for Social and Economic Status (3.76), $5^{\text {th }}$ priority for Job Security (4.08), and have given last priority for Salary and Benefits (4.82)

## Kendall's Coefficient of Concordance

| Kendall's W | 0.229 |
| :--- | :--- |

Kendall's co-efficient of concordance (W) was used to find is there any similarity among the respondents in their order of assigning the ranks. Kendall's (W) will vary between 0 and 1 . Higher the value of (w) more will be the similarity of the respondents in their rank order. The Kendall's W found for the 6 items is 0.229 . This shows that there is very low similarity among the respondents in assigning the ranks.

## RANK ANALYSIS - LEVEL OF EMOTIONAL INTELLIGENCE

The Rank analysis has been applied to find the level of emotional intelligence of faculty. Ten different elements have been considered for the analysis.

Table 4.18

| Elements | Mean Rank |
| :--- | :---: |
| Assertiveness | 6.37 |
| Positive Thinking | 3.32 |
| Understanding \& reacting to others emotions | 5.73 |
| Building a long term relationship | 6.06 |
| Self regulation | 4.67 |
| Self Discipline \& Sense of duty | 4.41 |
| Sense of timing | 5.53 |
| Surrendering Control | 7.30 |
| Sense of Motivation | 6.46 |
| Self Motivation | 5.14 |

## Source: Primary Data

It is seen from above table that the lowest mean rank is 3.32 is found for 'Positive Thinking'. It has the highest rank order value of 1 . The highest mean rank is 7.30 is found for 'Surrendering Control'. It has the lowest rank of 10.

## Kendall's Coefficient of Concordance

| Kendall's W | 0.146 |
| :--- | :--- |

Kendall's co-efficient of concordance (W) was used to find is there any similarity among the respondents in their order of assigning the ranks. Kendall's (W) will vary between 0 and 1 . Higher the value of (w) more will be the similarity of the respondents in their rank order. The Kendall's W found for the 10 items is 0.146 . This shows that there is very low similarity among the respondents in assigning the ranks.

## Regression Analysis of Emotional Intelligence

The emotional intelligence of the teachers are influenced by various predictor variables (independent variable) is explained by Multiple Regression analysis. Regression analysis was applied to find the effect of personal, job and emotional intelligence factors of the teachers. The score found for emotional intelligence was considered as the dependent variable and the following independent variables were identified to be included in the model.

Age
Gender
Marital Status
Type of Family
Size of Family
Monthly Income
No of Earning Members
Total Family Income
Residential Area
Educational Qualification
Nature of Employment
Designation
Years of Experience Department

Table 4.19: Dependent Variable: Overall Emotional Intelligence

|  | Regression <br> Coefficients <br> (B) | Std. <br> Error | Beta | T | p-value | Sig. |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| (Constant) | 142.938 | 10.261 |  |  |  |  |
| Age | -3.524 | 1.782 | -.159 | -1.978 | .049 | $*$ |
| Gender | -1.498 | 1.662 | -.046 | -.901 | .368 | NS |
| Marital Status | 4.253 | 2.110 | .110 | 2.016 | .044 | $*$ |
| Type of Family | -1.039 | 2.097 | -.033 | -.495 | .621 | NS |
| Size of Family | -.421 | 1.064 | -.028 | -.395 | .693 | NS |
| Monthly Income | .702 | .965 | .050 | .728 | .467 | NS |
| No of Earning Members | -.180 | 1.209 | -.009 | -.149 | .881 | NS |
| Total Family Income | -.326 | .859 | -.024 | -.380 | .704 | NS |
| Residential Area | 2.946 | 1.132 | .130 | 2.602 | .010 | $* *$ |
| Educational Qualification | .285 | 1.533 | .011 | .186 | .853 | NS |
| Nature of Employment | 3.093 | 1.545 | .105 | 2.003 | .046 | $*$ |
| Designation | .155 | 1.877 | .005 | .082 | .934 | NS |
| Years of Experience | .700 | .261 | .264 | 2.679 | .008 | $* *$ |
| Department | .192 | .724 | .013 | .265 | .791 | NS |

( $\mathbf{* 5 \%}$ significant level; ** $\mathbf{1 \%}$ significant level; NS-Not Significant)
Table - R Square value

| $\mathbf{R}$ | R Square | F | P-value | Sig. |
| :---: | :---: | :---: | :---: | :---: |
| .258 | .066 | 2.104 | 0.011 | $*$ |

(*-5\% significant level; ** $\mathbf{- 1 \%}$ significant level; NS-Not Significant)

The Table shows the results of regression analysis, giving details of multiple correlation coefficient $\mathrm{R}, \mathrm{R}^{2}, \mathrm{~F}$-ratio and significance. The R value indicate that a low correlation ( 0.258 ) exists between the dependent variables (overall emotional intelligence score) and set of independent variables, which explains that $6 \%$ of the variations in the dependent variable is due to the 6 predictor variables included in the equation. The P value ( 0.011 ) is used to find whether R value is significant or not. The associated significance level indicates that R is significant at $5 \%$ level.

The variable, Type of family was found to have negative regression coefficient. (The variable was coded as 0-Nuclear family and 1-Joint family). The results indicate that respondents who are from nuclear family have higher emotional intelligence score on average, compared to the respondents from joint family.

The regression table shows that among the 14 independent variables considered for the regression analysis. The variables such as, marital status, residential area, nature of employment and years of experience have positive effect on overall emotional intelligence score, which means increase in these variables will increase the emotional intelligence score proportionately and age have negative effect on overall emotional intelligence score.

From the Beta co-efficient it shows that year of experience is more influential on the overall emotional intelligence score compared to other factors/ variables. Nature of employment is the least contributing variables to overall emotional intelligence score.

