**Abstract**

Compulsive buying disorder is characterised by inner feeling of an individual behaviour to urge towards shopping and spending, which lead to adverse consequences. Compulsive buying could be a behavioural disorder that causes a person to form continuous purchases in spite of economic, social, or psychological consequence. Compulsive buying could be a phenomenon with serious societal and individual consequences. This buying behaviour leads to significant distress or impairment. As an example, compulsive shoppers experience repetitive, intrusive urges to buy for, and shopping thoughts and behaviours are time-consuming and significantly interfere with occupational functioning.