**Abstract**

All over the world women occupy an unenviable position. They are denied of opportunities to develop their potentialities or to utilize them. The study of social status of women is important because it forms one of the most trustworthy and reliable indices of the state of society, and indicates the nature and direction of social change. In tribal society of India also, women were found to have been occupying a prominent place as a critical variable to understand the changing phenomenon. To work among the tribal’s is more challenging and difficult. Probably, these led social researchers avoid studying tribal women. As the tribal women are no less important and as many of them have already started toeing the line of caste Hindu women, the researchers have decided to study the Kota women of Nilgiri District with the objectives of knowing the demographic profile, socio economic status and Human Development Index.