**Abstract**

In present era, the Internet of Things (IoT) continues to gain momentum rapidly. The Internet of Things has enormous applications in healthcare Industry from remote monitoring to smart sensor enabled medical device integration. IoT ensures many benefits in healthcare and has potential to improvement of patient outcomes, data management and security in hospital, quality treatment and more. IoT technology has huge impact on Healthcare to transform patient care and improve physician service efficiency. The present study has focused the applications and technologies of IoT in healthcare care sector and how far it benefits to healthcare stake holders.